

**Essence:** Sweet children, you should not have love for perishable bodies. Only have love for the one bodiless Father. Even whilst seeing someone's body, do not see it.

**Question:** What effort is required to make your intellect clean? What is the sign of a clean intellect?

**Answer:** Only when you make effort to become soul conscious will your intellect become clean. Such soul-conscious children consider themselves to be souls and their love is for the one Father alone. They only listen to the Father. However, those who have a foolish intellect have love for bodies. They continue to decorate their bodies.

Om shanti. Who said, "Om shanti", and who heard it? In the other satsangs it is the students who hear it. They would say: The mahatma or the guru said it. However, here, you would say that the Supreme Soul said it and that the souls heard it. This is something new, isn't it? You have to become soul conscious. Some of you sit here in a state of body consciousness. You children have to sit here in a state of soul consciousness. I, the soul, am present in this body. Shiv Baba is explaining to us. Your intellect must understand this very clearly. I, the soul, have a connection with the Supreme Soul. The Supreme Soul comes and speaks to us through this body. Therefore, this one has become the agent. That One is the one explaining to you. He gives an inheritance to this one too. Therefore, your intellect should go towards Him. For instance, if a father has five to seven children, their intellect's yoga would remain with their father, wouldn't it? It is because they receive their inheritance from the father. An inheritance isn't received from a brother; an inheritance is always received from the father. A soul does not receive an inheritance from a soul. You know that, as souls, we are all brothers. The *connection* of all of us souls is with the Supreme Father, the Supreme Soul. He says: Constantly remember Me alone! Have love for Me alone, not for the creation! Become soul conscious! When you remember any bodily being rather than Me, it is called body consciousness. Although these bodily beings are in front of you, you must not see them. Only the remembrance of that One should be in your intellect. Those people say simply, for the sake of saying it, that all are brothers. You now know that we are souls, children of the Supreme Father, the Supreme Soul. You receive an inheritance from the Father, the Supreme Soul. That Father says: Your love should be for Me alone. I, Myself, come and engage you souls to Me. This engagement is not to a bodily being. All other relationships here are with bodies. You now have to become soul conscious. I, the soul, am listening to the Father. Therefore, my intellect must be directed to that Father. Baba sits beside this one and gives us *knowledge*. He has taken this body on *loan*. The soul enters the home, that is, this body and plays a *part*; it is as though the soul puts itself *under house-arrest*. It is *free*, but it enters the body, locks itself in this home and plays its *part*. It is the soul that leaves one body and takes another to play its *part*. At the present time, to the extent that each of you now remains soul conscious, you will accordingly claim a high status. You should not even have the slightest love for Baba's body. This body is of no use. I only enter this body in order to explain to you. This foreign land is Ravan's kingdom. People burn an effigy of Ravan but they understand nothing. Neither do they know anything about the images they create. Their intellects are totally foolish. Everyone's intellect becomes totally foolish in Ravan's kingdom. There is body consciousness, isn't there? The intellect has become degraded. Everyone has a degraded intellect. Baba says: Those who have a foolish intellect will continue to remember bodies and have love for bodily beings. Those with a clean

intellect will consider themselves to be souls. They will remember the Supreme Soul and only listen to Him. Only in this is there effort. This body is the Father's chariot. Many fall in love with this body. Just as the horse of Hussein is decorated so much! However, the praise is of Hussein, isn't it? It's not of the horse. The Hussein soul would definitely have entered a human body, wouldn't it? They don't understand these things. This is called the imperishable sacrificial fire of knowledge of Rudra in which the horse is sacrificed in order to attain self-sovereignty. By hearing the name "ashwa" (horse) they understood it literally to be a horse. They sacrifice a horse. All of these stories belong to the path of bhakti. The One who is making you beautiful now is this Traveller, isn't He?. You now know that previously we were beautiful and that we have now become ugly. Each soul that comes is satopradhan at first and goes through the stages of sato, rajo and tamo. The Father comes and makes everyone beautiful. Each soul who comes to establish a religion is beautiful. Afterwards, they become ugly by sitting on the pyre of lust. Souls are beautiful at first and then they become ugly. This soul comes first as number one and so he is the most beautiful. No one else can be as *naturally* beautiful as Lakshmi and Narayan are. This is a matter of knowledge. Christians are more fair than the people of Bharat because they are the residents of that side. However, there is *natural beauty* in satyug. Both souls and bodies are beautiful there. At this time, everyone is impure and ugly. Baba then comes to make everyone beautiful. At first they are satopradhan and pure. Then, whilst coming down the ladder they gradually become ugly by sitting on the pyre of lust. The Father has now come to make all souls pure. By remembering the Father, you will become pure. Therefore you must only remember the One. Do not love bodily beings. Keep it in your intellect that you belong to the one Father and that He is everything for you. Everything that you see with your eyes is going to be destroyed. Even your eyes will be finished. The Supreme Father, the Supreme Soul, is called Trinetri (One with three eyes). He has the third eye of knowledge. No one else should be called Trimurti. That One has received all these *titles*: Trinetri, Trikaldarshi and Trilokinath. You now have the knowledge of all three worlds. This will then disappear. The One who has this knowledge comes and gives it to you. Baba sits here and gives you the knowledge of your eighty-four births. Baba says: Consider yourself to be a soul. I have come and entered this body in order to make you pure. Only by remembering Me will you become pure. If you remember anyone else you will not be able to become satopradhan. If your sins are not absolved, then it is said: "Those with a divorced intellect at the time of destruction are led to destruction." People have a lot of blind faith. They have attachment to bodily beings. You now have to become soul conscious. Have attachment for the One alone. If you have attachment to anyone else, it means that you have an intellect that is divorced from the Father. Baba explains so much! Only remember Me, your Father. Only in this is there effort. You even called out: Come and make us impure ones pure! Only Baba makes you pure. Only Baba explains the *history* and *geography* of eighty-four births to you children. That is easy, isn't it? The most *difficult subject* is that of remembrance. No one is clever in having yoga with the Father. The children who are not clever in remembrance are like pundits. No matter how clever someone is in knowledge, if he doesn't stay in remembrance, he is a pundit. Baba tells you about the story of the pundit. Those who heard what the pundit was saying were able to go across in remembrance of the Supreme Soul. Even the example of the pundit is for you. Remember the Father and you will be able to go across. Just by being good with the murli, will not enable you to go across. Only by having remembrance can your sins be absolved. All these examples have been created. Baba sits here and accurately explains them to you. They had faith; they simply held on to the fact that they would be able to

go across by remembering the Supreme Soul. If you only have knowledge and no yoga, you cannot claim a high status. There are many who do not stay in remembrance. The main subject is remembrance. There are many who do good *service*, but if their intellect's yoga is not accurate they become trapped. One who has yoga would not become trapped in body consciousness and would not have impure thoughts. Storms will come to those who are weak in remembrance. The physical senses are totally controlled by yoga. The Father also gives you an intellect to be able to understand what is *right* and what is *wrong*. When your intellect goes towards the body of others, it divorces you from the Father and leads you to destruction. Knowledge is distinct from yoga. You receive *health* through yoga and *wealth* through knowledge. By having yoga the life-span of your body increases. Souls do not become smaller or larger. The soul says that the life-span of his body increases. The life-span is now short. Then, for half a cycle the life-span of the body becomes long. We will become satopradhan from tamopradhan. Souls become pure; everything depends on making the soul pure. If the soul doesn't become pure, it cannot claim a status. Maya makes children lazy to keep a *chart*. You children should be very interested in keeping a *chart* of your pilgrimage of remembrance. Check: Am I remembering Baba or is my intellect drawn towards friends and relatives? In whose remembrance did I stay throughout the whole day? For whom did I have love? How much time did I waste? Keep a *chart* for yourself! However, no one has the strength to maintain the *chart regularly*. Scarcely a few of you can keep it! Maya does not allow you to maintain it fully. She makes you completely lazy and destroys your alertness. Baba says: Constantly remember Me alone! I am the Beloved of all you lovers. Therefore, all of you lovers must remember Me, must't you? Baba, the Beloved, says: You have been remembering God for half a cycle. I am now telling you to remember Me so that your sins can be absolved. How much should you remember such a Father who gives you so much happiness! Everyone else gives sorrow. They will not be of any use. At the end, only Baba, the Supreme Soul, who will be of use. There are the limited and the unlimited final moments. Baba says: By continuing to remember Me accurately you will not have untimely death. I make you immortal. However, first of all, your intellect must be full of love for the Father. If you have love for another body you will fall and *fail*. You will become part of the moon dynasty. The golden-aged sun-dynasty kingdom is called heaven. The silver age is not called heaven. Similarly, there are the copper and iron ages. The iron age is called extreme tamopradhan hell. The copper age is not so tamopradhan. In order to become satopradhan from tamopradhan you must have remembrance. You can understand for yourself, that when you have a love for a particular person and think that you cannot benefit without their support, what would happen if you leave your body in such a state. Everything is destroyed for those whose intellect has no love at the time of destruction. They claim a status worth dust! Nowadays, there is much concern about *fashion*. People make their bodies *tip-top* in order to attract others. Baba now says: Children, never become trapped in anyone's name or form. Just look how *royal* the clothes of Lakshmi and Narayan are! That is the Temple of Shiva and this is called a brothel. Devotees go in front of the deity idols and say: We are residents in this brothel. Nowadays, there is great concern for *fashion*. Everyone's attention is drawn to fashion. Some people are kidnapped. In the golden age everyone behaves and acts according to the law. There is *natural beauty* there. There is no question of blind faith. Here, people's hearts are drawn to one another simply by looking at one another. Then they also marry someone of another religion. You now have a Godly intellect. No one, except God, can change you from those

with a stone intellect into those with a divine intellect. That is Ravan's community. You now belong to the Rama's community. The Pandavas and Kauravas belonged to the same community. However the Yadavas are the Europeans. No one can understand from the Gita that the Yadavas are the *Europeans*. They say that the Yadava community is also here. Baba sits here and explains: The Yadavas are the *Europeans* who created those missiles etc for their own destruction. The Pandavas gain victory. They become the masters of heaven. Only the Supreme Soul comes and creates heaven. It is said in the scriptures, that the Pandavas melted. What happened then? They have no understanding! They have stone intellects. No one understands the secrets of the drama even a little. When children come to meet Baba, Baba says: You may wear jewellery etc. Children say: Baba, it doesn't seem right to wear jewellery here. How could jewellery look right on the impure body of an impure soul? There, we will remain decorated with jewellery etc. There is limitless wealth there. There is nothing but happiness for everyone. Although they are aware of that one being the king and that they are part of the subjects, there is no question of sorrow. Here, when people do not receive food etc. they experience sorrow. There, you receive everything. The word "sorrow" would never emerges from anyone's mouth. The very name is heaven. *Europeans* call it *Paradise*. They believe that *gods* and *goddesses* lived there. This is why they buy so many of their images. Nevertheless, where did that heaven go? No one knows this. You now know how this cycle turns. It changes from old to new and new to old. A lot of effort is required to become soul conscious. When you become soul conscious, you will be liberated from all of these innumerable illnesses. By remembering the Father, you will claim a high status. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

### Essence for Dharna:

1. Never make any bodily being your support. Do not have love for anyone's body. The love of the heart must only be for the one Father. Never become trapped in anyone's name or form.
2. Be interested in keeping your *chart* of remembrance. Do not become lazy in this. Check your *chart* to see: To whom is your intellect being drawn? How much time do you waste? For how long do you remember the Father who gives you happiness?

**Blessing:** *By remaining in the awareness of being a bestower, and by using your power of accommodation, may you become a destroyer of obstacles.*

You receive the blessing of becoming a destroyer of obstacles based on two special things. One is constantly having the awareness of being the children of the Bestower, and that you therefore have to give to everyone. It should not be only when you receive *regard* and love that you become loving. No, I have to give. Secondly, you have to become an ocean of the power of accommodation for yourself and for everyone who is in contact or relationship with you. It is on the basis of these two specialities that you can become a destroyer of obstacles and an embodiment of solutions.

**Slogan:** *To bring about unity where there is diversity, to reform that which has been spoilt is the greatest service of all.*